

**SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY**

**SAULT STE. MARIE, ONTARIO**



**COURSE OUTLINE**

**COURSE TITLE:** SELF & OTHERS II: INTERPERSONAL RELATIONSHIPS AND AWARENESS

**CODE NO. :** NURS 1207 **SEMESTER:** 2

**PROGRAM:** Collaborative BScN

**AUTHOR:** Brenda Warnock, Phyllis Montgomery, Margaret McArthur, Judy Pogue

**DATE:** Jan. 2002 **PREVIOUS OUTLINE DATED:** NA

**APPROVED:**

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**DEAN**

\_\_\_\_\_  
**DATE**

**TOTAL CREDITS:** 3

**PREREQUISITE(S):** NURS 1206

**COREQUISITE(S):** NURS 1094

**HOURS/WEEK:** 4 (class 3 hrs, lab 1 hr)

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*For additional information, please contact Judi Maundrell, Dean*  
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**I. COURSE DESCRIPTION:**

This course is designed to enhance caring interpersonal communication. Essentially this involves the learner's therapeutic use of self, and the understanding and application of interpersonal skills. These abilities will be considered from the perspectives of contextual awareness, decision making, confidence and performance.

**II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:**

**Ends-in-view:**

This course extends the lens of self to include a therapeutic relationship with another who seeks nursing services. The course continues with emphasis on presence of self with the intention of connecting with a client within a nursing role. The purpose of this course is to know key therapeutic relationship concepts and to reflect on their application as a means to becoming a nurse.

**Process:**

This course, through guidance and dialogue with others, especially with peers, is experientially based. There are scheduled classes and labs. Student learning emerges through various learning activities such as class and group discussions, critiques of self-videos, and student presentations, all of which include a reflective process. The learner is expected to be prepared for class and lab and to actively engage in the ideas expressed in class. Attendance in lab is mandatory as reflection is on action. Your degree of readiness to learn directly influences the value of the practice lab. Strict reliance on understanding class content is not a sufficient condition for demonstrating knowledge in this course.

With respect to the lab schedule, students must attend with their designated group. Respecting that self-video taping may be an unsettling learning style, students are prohibited from self-scheduling or trading spots. The ongoing feedback with familiar critical peers facilitates one's learning. For students who are absent for extraordinary circumstances, the course professor in collaboration with the students will explore options for make up. Please note that due to the restrictions of resources such alternatives are limited.

**III. TOPICS:**

Introduction to Self and Others II  
The Therapeutic Relationship  
    Nurse's listening for the call  
    The call  
The Response to the Call: Relational Dimensions  
    Compassion  
    Authenticity  
    Genuineness  
    Respect  
    Reciprocity, Trust  
    Hope  
    Giving Hope

**Sequencing of topics/assignments subject to change based on teaching/learning needs.**

**IV. REQUIRED RESOURCES/TEXTS/MATERIALS:**

American Psychological Association. (2001). *Publication manual of the American Psychological Association* (5<sup>th</sup> ed.). Washington, DC: American Psychological Association.

Balzer Riley, J. (2000). *Communication in nursing* (4<sup>th</sup> ed.). Toronto: Mosby.

College of Nurses of Ontario. (2000). *Standard for the therapeutic nurse-client relationship*. Toronto: College of Nurses of Ontario. (in Compendium)

Montgomery, C. (1993). *Healing through communication: The practice of caring*. Newbury Park: Sage Publications.

John's Model of Structured Reflection (NURS 1206)  
VHS video tape

**Recommended Resources:**

Adler, R.B., Towne, N., & Rolls, J.A. (2001). *Looking out, looking in* (1<sup>st</sup> Canadian ed.). Toronto: Harcourt College Publishers.

**V. EVALUATION PROCESS/GRADING SYSTEM:**

Assignment # 1: Formal Paper with Video: 40%  
 Assignment # 2: Role Play and Verbal Critique Video: 60%

Please refer to Student Manual on policies regarding assignments.

All Assignments are due at the beginning of class on the designated date unless instructed otherwise.

The following semester grades will be assigned to students in postsecondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 - 100%	4.00
A	80 - 89%	3.75
B	70 - 79%	3.00
C	60 - 69%	2.00
R (Repeat)	59% or below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field placement or non-graded subject areas.	
U	Unsatisfactory achievement in field placement or non-graded subject areas.	
X	A temporary grade. This is used in limited situations with extenuating circumstances giving a student additional time to complete the requirements for a course (see <i>Policies &amp; Procedures Manual – Deferred Grades and Make-up</i> ).	
NR	Grade not reported to Registrar's office. This is used to facilitate transcript preparation when, for extenuating circumstances, it has not been possible for the faculty member to report grades.	

**VI. SPECIAL NOTES:**

Special Needs:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Special Needs office. Visit Room E1204 or call Extension 493, 717, or 491 so that support services can be arranged for you.

Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in *Student Rights and Responsibilities*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

**VII. PRIOR LEARNING ASSESSMENT:**

Students who wish to apply for advanced credit in the course should consult the professor. Credit for prior learning will be given upon successful completion of a challenge exam or portfolio.

**VIII. DIRECT CREDIT TRANSFERS:**

Students who wish to apply for direct credit transfer (advanced standing) should obtain a direct credit transfer form from the Dean's secretary. Students will be required to provide a transcript and course outline related to the course in question.